

WALKING CLUB FOR ADULTS/SENIORS



AT THE EDGEWATER COMMUNITY CENTER 1167 RIVER ROAD

MONDAY MORNINGS 10 AM

**WALK, EXERCISE, GET SOME FRESH AIR...
AND MEET WITH FRIENDS!**

BRING YOUR SNACKS FOR AFTER YOUR WALK.

COFFEE WILL BE PROVIDED.

QUESTIONS...PLEASE CALL 201-943-1700 X6002 OR X6000